

Your Interests and Careers that Suit Your Interests



Purpose and Learning Objectives The purpose of this activity is for students to begin to identify their interests and explore careers that match their interests – which could include those in the transportation sector. Learning objectives for this activity are:

Explore personal interests and identify careers that may fit those interests.

Estimated Time for Completion

.5 - 1.0 hours

Resources/ Supplies Required

- Computer lab with multiple computers that have internet access and connection to a printer (optional students may want to print career information)
- Paper and pens/pencils for students to write
- Student activity guide and materials/resources available on the <u>Transportation Youth</u> <u>Academy</u> website – see those referenced throughout this instructor guide.

Instructions

This activity made be instructor-led or conducted by students, independently.

Provide the following to students as an introduction to this activity: There are numerous, exciting and rewarding career opportunities in the transportation industry. But which careers match your interests? You are more likely to be successful and happy in careers that match your interests and you enjoy doing. Through this activity we will find out what kinds of careers you might like, and whether or not any of them are in transportation.

- Use the following handouts for this activity: <u>Personality Counts from Career Cafe</u> and <u>Explore You Next Move from Career Cafe</u> worksheets located on the <u>Transportation</u>
 <u>Youth Academy</u> website. Review the student activity guide located on the website. You may choose to use the guide as a handout with students as you conduct this activity.
- 2. On the Transportation Youth Academy website, instruct students to scroll down to the MyNextMove section where the ONet Interest Profiler is located.
- 3. The Profiler is a tool that helps students identify their interests using Holland's six personality types. Review the personality with students types using <u>Personality Counts</u> <u>- from Career Cafe</u> handout. Explain that the Profiler also helps students identify which careers they might want to explore based on their interests. To do so, they will move through a series of questions using the Profiler tool.
- 4. Ask students begin by clicking on the Next button at the bottom of the Profiler screen.
- 5. Read about how the Profiler works, then click on the Next button.
- 6. Continue through the Profiler by reading each screen and following directions provided. When finished with each screen, click on the Next button at the bottom of the screen. You can also go back to the previous screen by clicking on the Back button.
- 7. Once students complete all the questions in the Profiler they will be presented with their results. Ask them to reflect on the following questions: What do you think? Does this look/sound like you? If not, instruct them that they may need to go back and see how they answered some questions and make changes. Also, explain that this is just one tool for discovering interests and no one tool can completely pinpoint all of somone's interests. But perhaps there are some interests listed here that they do feel strongly reflects what interests them.
 - Instruct students that to learn more about an interest in their profile to click on the



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"interest" title.

- Ask students to print their profile to save it. If they do not have a printer, ask them
 to write down the list of interests.
- When they have finished, they should return to the Interest Profiler webpage.
- 8. Next students will explore careers that match their interests. Students continue moving through the Interest Profiler tool by clicking on the Next button, reading and following the directions on each screen and clicking on the Next button when they are ready to move to the next screen.
- 9. Eventually they will end up at a screen that shows them a list of careers that fit their interests and the preparation level they have chosen.
 - They may print this report by clicking on the Print button or if they do not have a
 printer they may use the <u>Explore You Next Move</u> from Career Cafe worksheet to
 write down key information about the career.
 - Students may learn more about a particular career by clicking on the name of the career. Ask them to fill out key information on the career using the <u>Explore You</u> <u>Next Move - from Career Cafe</u> worksheet.
 - Ask students to answer the following questions: Are there any careers here they
 think would be included in the transportation industry now or in the future? How
 about careers that may be involved in the planning, design, construction,
 manufacturing, operation, and repair and maintenance of any aspect of the
 transportation system?
 - Ask students to find more careers that match a particular interest in their profile. To
 do so instruct them to click on the Find More Careers button at the bottom of the
 page to continue exploring more careers.
- 10. Instruct students to continue to move through the Interest Profiler until they've discovered careers they think may interest them and have completed a Explore You Next Move from Career Cafe worksheet for each one.